



APRIL | 2017

EPBP LAKER SCHOOLS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Breakfast Prices DK – 5 th \$1.30 6 th – 12 th \$1.40 Adult \$1.90 Extra Milk \$.35 “Grab-n-Go” Includes bowl of WG cereal, fruit juice, graham cracker or pop-tart	4 Lunch Prices DK – 5 th \$2.20 6 th – 12 th \$2.40 Adult \$3.20 Extra Milk \$.35	5 NO SCHOOL SPRING BREAK	6 NO SCHOOL SPRING BREAK	7 NO SCHOOL SPRING BREAK
10 <u>Breakfast</u> “Grab-n-Go” Fruit, FF or Low-Fat Milk <u>Lunch</u> Mini Corn Dogs Carrots Skim, FF or Low-Fat Milk	11 <u>Breakfast</u> “Grab-n-Go” Fruit, FF or Low-Fat Milk <u>Lunch</u> Calzone Mixed Vegetables Skim, FF or Low-Fat Milk	12 <u>Breakfast</u> “Grab-n-Go” Fruit, FF or Low-Fat Milk <u>Lunch</u> Bosco Sticks Broccoli Skim, FF or Low-Fat Milk	13 <u>Breakfast</u> “Grab-n-Go” Fruit, FF or Low-Fat Milk <u>Lunch</u> Chicken Nuggets W/G Cracker Carrots Skim, FF or Low-Fat Milk	14 NO SCHOOL EASTER BREAK
17 <u>Breakfast</u> “Grab-n-Go” Fruit, FF or Low-Fat Milk <u>Secondary Lunch</u> Little Caesar’s Pizza <u>Elementary Lunch</u> Cheese Quesadilla Spinach Skim, FF or Low-Fat Milk	18 <u>Breakfast</u> “Grab-n-Go” Fruit, FF or Low-Fat Milk <u>Lunch</u> Spaghetti W/G Bread Stick California Blend Skim, FF or Low-Fat Milk	19 <u>Breakfast</u> “Grab-n-Go” Fruit, FF or Low-Fat Milk <u>Lunch</u> Baked Cheese Sticks Corn Skim, FF or Low-Fat Milk	20 <u>Breakfast</u> “Grab-n-Go” Fruit, FF or Low-Fat Milk <u>Lunch</u> Baked Chicken Leg W/G Roll Potato Smiles Skim, FF or Low-Fat Milk	21 <u>Breakfast</u> “Grab-n-Go” Fruit, FF or Low-Fat Milk <u>Lunch</u> Pizza Squash Skim, FF or Low-Fat Milk
24 <u>Breakfast</u> “Grab-n-Go” Fruit, FF or Low-Fat Milk <u>Lunch</u> Ravioli W/G Cracker Brussel Sprouts Skim, FF or Low-Fat Milk	25 <u>Breakfast</u> “Grab-n-Go” Fruit, FF or Low-Fat Milk <u>Lunch</u> Macaroni & Cheese Peas Skim, FF or Low-Fat Milk	26 <u>Breakfast</u> “Grab-n-Go” Fruit, FF or Low-Fat Milk <u>Lunch</u> Breakfast for Lunch Hash Browns Skim, FF or Low-Fat Milk	27 <u>Breakfast</u> “Grab-n-Go” Fruit, FF or Low-Fat Milk <u>Lunch</u> Chicken Poppers W/G Roll Winter Blend Skim, FF or Low-Fat Milk	28 <u>Breakfast</u> “Grab-n-Go” Fruit, FF or Low-Fat Milk <u>Elementary Lunch</u> Little Caesar’s Pizza <u>Secondary Lunch</u> Pizza Beets Skim, FF or Low-Fat Milk

LAKER NEWS

Elementary Optional Selections

Monday-Chicken Pattie & WG Bun
 Tuesday-PBJ & Cheese Stick
 Wednesday-Fish Patty & WG Bun
 Thursday-Hot Dog & WG Bun
 Friday-Chicken Tenders
 Everyday Choice- Yogurt & Granola

Secondary Optional Selections

With Assorted Daily Specials

Salad Bar Vegetables/Fruits

Romaine Lettuce, Spinach, Broccoli, Cauliflower,
 Carrots, Red Peppers, Legumes, Cucumbers, Onions,
 Fresh Fruit & Canned Fruit

Milk Choices

Low-Fat, 1% White, Fat Free, Chocolate, Skim

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