



# JUNE | 2017

## EPBP LAKER SCHOOLS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast Prices</b> DK – 5 <sup>th</sup> \$1.30 6 <sup>th</sup> – 12 <sup>th</sup> \$1.40 Adult \$1.90 Extra Milk \$.35 “Grab-n-Go” Includes bowl of WG cereal, fruit juice, graham cracker or pop-tart	<b>Lunch Prices</b> DK – 5 <sup>th</sup> \$2.20 6 <sup>th</sup> – 12 <sup>th</sup> \$2.40 Adult \$3.20 Extra Milk \$ .35		<b>1</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Chicken Poppers W/G Roll Broccoli Skim, FF or Low-Fat Milk	<b>2</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Pizza Brussel Sprouts Skim, FF or Low-Fat Milk
<b>5</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Secondary Lunch</b> Little Caesar’s Pizza <b>Elementary Lunch</b> Mini Hamburger Beets Skim, FF or Low-Fat Milk	<b>6</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Grilled Chicken on W/G Bun Spinach Skim, FF or Low-Fat Milk	<b>7</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> BBQ Chicken Leg W/G Roll Potato Smiles Skim, FF or Low-Fat Milk	<b>8</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Cheese Calzone Vegetable: Cooks Choice Skim, FF or Low-Fat Milk	<b>9</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Elementary Lunch</b> Little Caesar’s Pizza <b>Secondary Lunch</b> Cooks Choice Skim, FF or Low-Fat Milk
<b>12</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Cooks Choice Skim, FF or Low-Fat Milk	<b>13</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Cooks Choice Skim, FF or Low-Fat Milk	<b>14</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Cooks Choice Skim, FF or Low-Fat Milk	<b>15</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk  <b>½ DAY-LAST DAY</b> <b>NO LUNCH</b>	<b>16</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>

### **LAKER NEWS**

#### **Elementary Optional Selections**

**Monday**-Chicken Pattie & WG Bun  
**Tuesday**-PBJ & Cheese Stick  
**Wednesday**-Fish Patty & WG Bun  
**Thursday**-Hot Dog & WG Bun  
**Friday**-Chicken Tenders  
**Everyday Choice**-Yogurt & Granola

#### **Secondary Optional Selections**

With Assorted Daily Specials

#### **Salad Bar Vegetables/Fruits**

Romaine Lettuce, Spinach, Broccoli, Cauliflower,  
 Carrots, Red Peppers, Legumes, Cucumbers, Onions,  
 Fresh Fruit & Canned Fruit

#### **Milk Choices**

Low-Fat, 1% White, Fat Free, Chocolate, Skim

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