



APRIL | 2018

EPBP LAKER SCHOOLS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL SPRING BREAK	3 NO SCHOOL SPRING BREAK	4 NO SCHOOL SPRING BREAK	5 NO SCHOOL SPRING BREAK	6 NO SCHOOL SPRING BREAK
9 <u>Breakfast</u> "Grab-n-Go" Fruit, FF or Low-Fat Milk <u>Lunch</u> Mini Corn Dogs Peas Skim, FF or Low-Fat Milk	10 <u>Breakfast</u> "Grab-n-Go" Fruit, FF or Low-Fat Milk <u>Lunch</u> Chicken Nuggets W/G Cracker - Corn Chili W/Cornbread Skim, FF or Low-Fat Milk	11 <u>Breakfast</u> "Grab-n-Go" Fruit, FF or Low-Fat Milk <u>Lunch</u> Breakfast for Lunch Hash Browns Skim, FF or Low-Fat Milk	12 ½ Day NO LUNCH	13 <u>Breakfast</u> "Grab-n-Go" Fruit, FF or Low-Fat Milk <u>Lunch</u> Pizza Squash Skim, FF or Low-Fat Milk
16 <u>Breakfast</u> "Grab-n-Go" Fruit, FF or Low-Fat Milk <u>Lunch</u> Ravioli W/G Cracker Spinach Skim, FF or Low-Fat Milk	17 <u>Breakfast</u> "Grab-n-Go" Fruit, FF or Low-Fat Milk <u>Lunch</u> Quesadilla Sweet Potatoes Summer Corn Soup Skim, FF or Low-Fat Milk	18 <u>Breakfast</u> "Grab-n-Go" Fruit, FF or Low-Fat Milk <u>Lunch</u> Nacho's Refried Beans Skim, FF or Low-Fat Milk	19 <u>Breakfast</u> "Grab-n-Go" Fruit, FF or Low-Fat Milk <u>Lunch</u> Mini Burgers Corn on the Cob Potato Smiles White Chicken Enchiladas Skim, FF or Low-Fat Milk	20 <u>Breakfast</u> "Grab-n-Go" Fruit, FF or Low-Fat Milk <u>Lunch</u> Pizza Peas & Carrots Skim, FF or Low-Fat Milk
23 <u>Breakfast</u> "Grab-n-Go" Fruit, FF or Low-Fat Milk <u>Lunch</u> Honey BBQ Riblet's W/G Roll Carrots Skim, FF or Low-Fat Milk	24 <u>Breakfast</u> "Grab-n-Go" Fruit, FF or Low-Fat Milk <u>Lunch</u> Mac & Cheese Peas Pizza Burger Skim, FF or Low-Fat Milk	25 <u>Breakfast</u> "Grab-n-Go" Fruit, FF or Low-Fat Milk <u>Lunch</u> Bosco Sticks California Blend Skim, FF or Low-Fat Milk	26 <u>Breakfast</u> "Grab-n-Go" Fruit, FF or Low-Fat Milk <u>Lunch</u> Baked Chicken Leg W/G Roll, Mashed Potatoes Cassie Witherspoon Winning Pirogi Skim, FF or Low-Fat Milk	27 <u>Breakfast</u> "Grab-n-Go" Fruit, FF or Low-Fat Milk <u>Lunch</u> Pizza Broccoli Skim, FF or Low-Fat Milk
30 <u>Breakfast</u> "Grab-n-Go" Fruit, FF or Low-Fat Milk <u>Lunch</u> Calzone Mixed Vegetables Skim, FF or Low-Fat Milk	<u>Breakfast Prices</u> DK – 5 th \$1.30 6 th – 12 th \$1.40 Adult \$1.90 Extra Milk \$.35 "Grab-n-Go" Includes bowl of WG cereal, fruit juice, graham cracker or pop-tart	<u>Lunch Prices</u> DK – 5 th \$2.30 6 th – 12 th \$2.50 Adult \$3.30 Extra Milk \$.35		Harvest of the Month "Corn"

LAKER NEWS

Elementary Optional Selections

Monday-Chicken Pattie & WG Bun
Tuesday-PBJ & Cheese Stick
Wednesday-Fish Patty & WG Bun
Thursday-Hot Dog & WG Bun
Friday-Chicken Tenders
Everyday Choice- Yogurt & Granola

Secondary Optional Selections

With Assorted Daily Specials

Salad Bar Vegetables/Fruits

Romaine Lettuce, Spinach, Broccoli, Cauliflower, Carrots, Red Peppers, Legumes, Cucumbers, Onions, Fresh Fruit & Canned Fruit

Milk Choices

Low-Fat, 1% White, Fat Free, Chocolate, Skim

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