



JUNE | 2018

EPBP LAKER SCHOOLS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Prices DK – 5 th \$1.30 6 th – 12 th \$1.40 Adult \$1.90 Extra Milk \$.35 “Grab-n-Go” Includes bowl of WG cereal, fruit juice, graham cracker or pop-tart	Lunch Prices DK – 5 th \$2.30 6 th – 12 th \$2.50 Adult \$3.30 Extra Milk \$.35	Harvest of the Month Peaches		1 Breakfast “Grab-n-Go” Fruit, FF or Low-Fat Milk Lunch Pizza Squash Skim, FF or Low-Fat Milk
4 Breakfast “Grab-n-Go” Fruit, FF or Low-Fat Milk Lunch BBQ Pork W/G Bun Carrots Skim, FF or Low-Fat Milk	5 Breakfast “Grab-n-Go” Fruit, FF or Low-Fat Milk Lunch Chicken Tenders W/G Roll Spinach Skim, FF or Low-Fat Milk	6 Breakfast “Grab-n-Go” Fruit, FF or Low-Fat Milk Lunch Breakfast for Lunch Hash Browns Skim, FF or Low-Fat Milk	7 Breakfast “Grab-n-Go” Fruit, FF or Low-Fat Milk Lunch Hot Dog W/G Bun Skim, FF or Low-Fat Milk	8 Breakfast “Grab-n-Go” Fruit, FF or Low-Fat Milk Lunch Bosco Sticks Mixed Vegetables Skim, FF or Low-Fat Milk
11 Breakfast “Grab-n-Go” Fruit, FF or Low-Fat Milk Lunch Chicken Nuggets W/G Cracker Potato Smiles Skim, FF or Low-Fat Milk	12 Breakfast “Grab-n-Go” Fruit, FF or Low-Fat Milk Lunch Cooks Choice Skim, FF or Low-Fat Milk	13 Breakfast “Grab-n-Go” Fruit, FF or Low-Fat Milk Lunch Cooks Choice Skim, FF or Low-Fat Milk	14 Breakfast “Grab-n-Go” Fruit, FF or Low-Fat Milk No Lunch ½ Day School LAST DAY HAVE A GOOD SUMMER!	15
18	19	20	21	22
25	26	27	28	29

LAKER NEWS

Elementary Optional Selections

Monday-Chicken Pattie & WG Bun
Tuesday-PBJ & Cheese Stick
Wednesday-Fish Patty & WG Bun
Thursday-Hot Dog & WG Bun
Friday-Chicken Tenders
Everyday Choice- Yogurt & Granola

Secondary Optional Selections

With Assorted Daily Specials

Salad Bar Vegetables/Fruits

Romaine Lettuce, Spinach, Broccoli, Cauliflower, Carrots,
 Red Peppers, Legumes, Cucumbers, Onions, Fresh Fruit
 & Canned Fruit

Milk Choices

Low-Fat, 1% White, Fat Free, Chocolate, Skim

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