



# MAY | 2018

## EPBP LAKER SCHOOLS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast Prices</b> DK – 5 <sup>th</sup> \$1.30 6 <sup>th</sup> – 12 <sup>th</sup> \$1.40 Adult \$1.90 Extra Milk \$.35 “Grab-n-Go” Includes bowl of WG cereal, fruit juice, graham cracker or pop-tart	<b>1</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Spaghetti W/G Bread Stick Asparagus Egg Salad on Crescent Skim, FF or Low-Fat Milk	<b>2</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Chicken Poppers W/G Roll Green Beans Skim, FF or Low-Fat Milk	<b>3</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Ham & Cheese Bites, Potatoes Cream of Broccoli W/Fish Crackers Skim, FF or Low-Fat Milk	<b>4</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Pizza Squash Skim, FF or Low-Fat Milk
<b>7</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Ravioli W/G Cracker Carrots Skim, FF or Low-Fat Milk	<b>8</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Chicken Gravy, Mashed Potatoes W/G Roll Winter Blend Italian Flatbread Skim, FF or Low-Fat Milk	<b>9</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Walking Taco Spinach Skim, FF or Low-Fat Milk	<b>10</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Meatloaf, Mashed Potatoes Corn Skim, FF or Low-Fat Milk	<b>11</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Pizza Peas & Carrots Skim, FF or Low-Fat Milk
<b>14</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Mini Corn Dogs Beets Skim, FF or Low-Fat Milk	<b>15</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Buffalo Poppers W/G Cracker Corn Skim, FF or Low-Fat Milk	<b>16</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Bosco Sticks Broccoli Skim, FF or Low-Fat Milk	<b>17</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Grilled Cheese/Tomato Soup Mixed Vegetables Ham & Provolone on a Pretzel Bun Skim, FF or Low-Fat Milk	<b>18</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Pizza Green Beans Skim, FF or Low-Fat Milk
<b>21</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> BBQ Rib W/G Bun Sweet Potato Tots Skim, FF or Low-Fat Milk	<b>22</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Beef Stroganoff W/G Bread Stick, California Blend Chicken Salad Wrap Skim, FF or Low-Fat Milk	<b>23</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Nachos Refried Beans Skim, FF or Low-Fat Milk	<b>24</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Chicken Nuggets W/G Roll Chicken & Rice Soup W/Snack Mix Skim, FF or Low-Fat Milk	<b>25</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk  <b>No Lunch</b> ½ Day School
<b>28</b> NO SCHOOL MEMORIAL DAY	<b>29</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Assorted Bites Peas Cheesy Taco Pasta Skim, FF or Low-Fat Milk	<b>30</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Baked Cheese Sticks Broccoli Skim, FF or Low-Fat Milk	<b>31</b> <b>Breakfast</b> “Grab-n-Go” Fruit, FF or Low-Fat Milk <b>Lunch</b> Hamburger on W/G Bun Baked Beans Buffalo Chicken Taquitos Skim, FF or Low-Fat Milk	<b>Lunch Prices</b> DK – 5 <sup>th</sup> \$2.30 6 <sup>th</sup> – 12 <sup>th</sup> \$2.50 Adult \$3.30 Extra Milk \$ .35

### LAKER NEWS

#### Elementary Optional Selections

Monday-Chicken Pattie & WG Bun  
 Tuesday-PBJ & Cheese Stick  
 Wednesday-Fish Patty & WG Bun  
 Thursday-Hot Dog & WG Bun  
 Friday-Chicken Tenders  
 Everyday Choice- Yogurt & Granola

#### Secondary Optional Selections

With Assorted Daily Specials

#### Salad Bar Vegetables/Fruits

Romaine Lettuce, Spinach, Broccoli, Cauliflower, Carrots, Red Peppers, Legumes, Cucumbers, Onions, Fresh Fruit & Canned Fruit

#### Milk Choices

Low-Fat, 1% White, Fat Free, Chocolate, Skim

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